



# Rugby EcoHub

## Rugby Eco Hub Newsletter 10th July 2025

Dear Eco Hub friends and supporters,

If this is your first time receiving this newsletter and would like to find out more about the projects the Eco Hub hold please click [HERE](#).

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### Overview of key dates

- **Every Monday and Tuesday from 16th June to 15th July:** Sewing Class, The Eco Hub, 7pm - 9pm
- **Every other Thursday (Next class on the 3rd July):** Knitting Classes, The Eco Hub, 7pm - 9pm
- **Sat 12th July:** Climate Fresk Workshop, The Eco Hub, 11AM - 1:30PM
- **Thurs 17th July:** Discover the Spirit Within Event, The Eco Hub, 7PM - 9PM
- **Mon 28th July:** Climate Alliance Meeting, The Eco Hub, 7:30PM - 9PM

Keep an eye on our upcoming events via our [Events page](#).

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### [We Need Your Feedback!](#)

**Please take five minutes to complete our survey!**

This survey is your chance to provide some feedback on your experience of Rugby

Eco Hub. In addition to ticking boxes, we especially welcome any comments you may want to make about your engagement with Rugby Eco Hub.

We will use this feedback to demonstrate the difference that Rugby Eco hub is making in the local community and to identify areas for development and improvement.

This is **an anonymous survey**, to submit your response please click [HERE](#)

## **Volunteers Needed!**

Have you got a few spare hours? Please take a look at out volunteering opportunities:

- **Going out, Staying Safe Event** - 1st August, Caldecott Park, 10AM - 4PM
- **Energy Efficiency Event** - 30th November, Benn Hall, Times TBC
- **Watering and Weeding** - Saturdays based off a rota system
- **Watch Repair Volunteer** - 1st and 3rd Saturdays of the month Jan- Nov
- **General of the halls** - No Date or Time
- Plus more..

You can take a look at these on our [volunteer bulletin](#).

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## **WCAVA Volunteer Recognition Awards**

Rugby Eco Hub and the Repair Cafe volunteers were nominated for an award within the "Green Action Recognition"category.

We are pleased to say that we did come home with the award certificates!

Thank you to all of our volunteers that have helped with Rugby Eco Hub and the Repair Cafe, this is award is certainly for you and your hard work.



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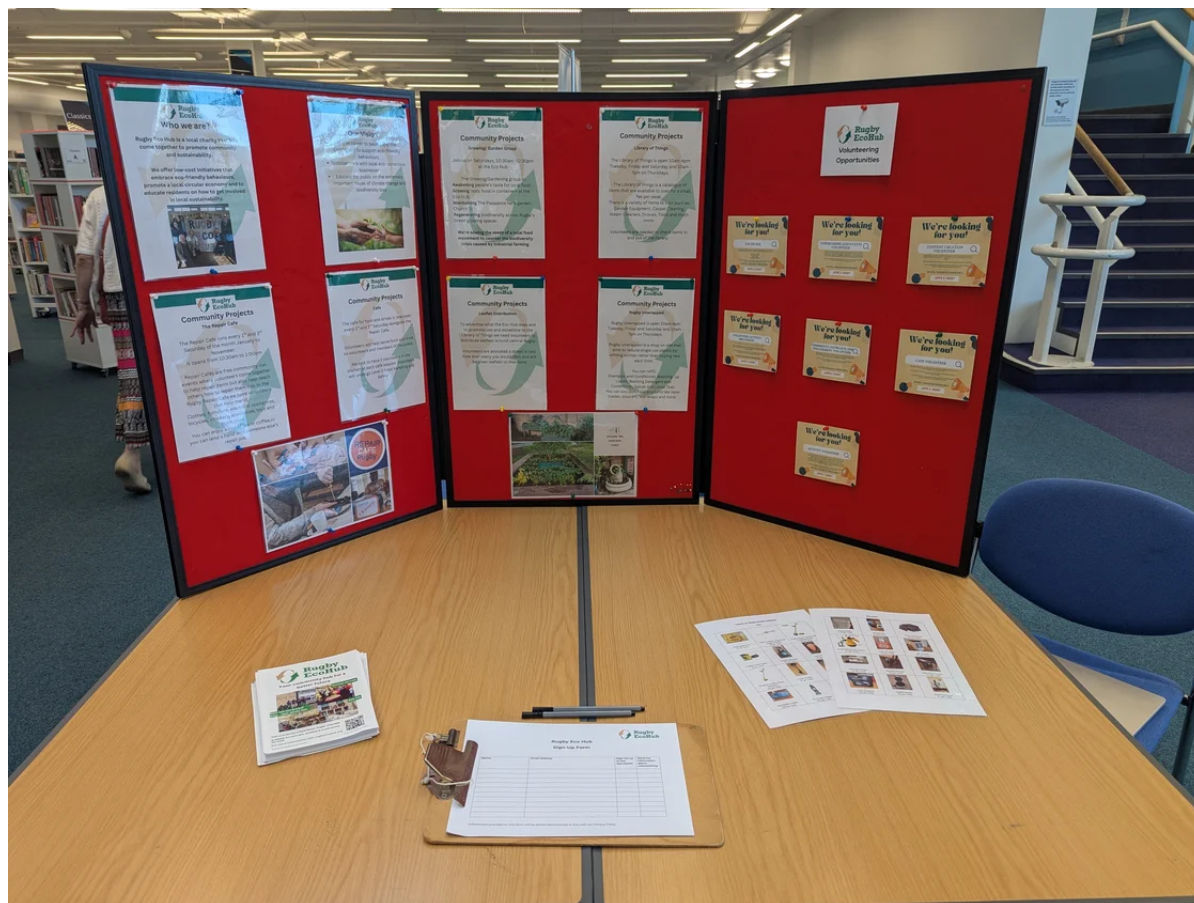
## Outreach Events

Rugby Eco Hub has been invited to go to events and spread the word of who we are and what we do for the community.

We have been lucky enough to go to be included in a few events this week. Our team was at Rugby Library today showcasing the great work we do and also talking to people about volunteering opportunities that we have available. We even spoke about supporting someone's Duke of Edinburgh Award!

Tomorrow we have also been asked to attend Paddox School to show off our amazing projects and to even have a mini Library of things available.

On the 1st August we are also having a stall in Caldecott park for a Going Out, Staying safe event help by Warwickshire Police. We would love to get volunteers involved in these events so if you are interested please contact us.



## Energy Efficiency Event - 30th November

Rugby Eco Hub are hosting an event around energy efficiency, it will include speakers, stalls and information sharing on all things sustainable energy.



We are hoping that we are able to get 4-5 volunteers together to form a working group to help organise and make this a really successful event.

If you are interested in being in the working group for this please contact Kirsty on [kirsty.denyer@rugbyecohub.org](mailto:kirsty.denyer@rugbyecohub.org)

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## Growing Garden Group

Saturdays, 10:30am -12:30pm at the Eco Hub

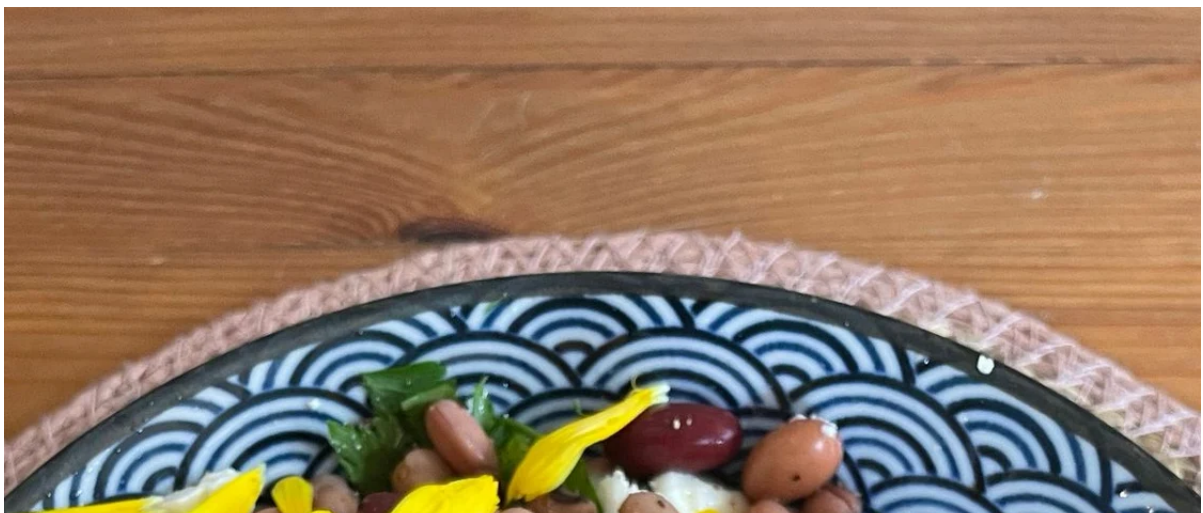
The Growing Garden Group has had a busy few weeks as its harvesting time! For the past two weeks our team have been harvesting, cucumber, chard, carrots, beetroot and courgette. A lot of hard work has gone into planting this year and you can certainly see the reward!

In Caldecott Park our Growing Garden Group have nurtured raised beds and have grown almost 20 different varieties of vegetables and herbs. It is looking amazing, the group is in need of volunteers too help water these sites so if you are interested in helping please contact us.





To top it all off our kitchen team then went on to use this amazing produce to create delicious lunches in the cafe. They made a veggie packed spring roll and a summer salad. Delicious, healthy and not to be missed!







We meet up regularly and communicate through our [WhatsApp group](#). Please click to join the group, find out about our future activities, and help us both to maintain and water the planters as well as help plan our future growing projects across the Borough.



A monthly leaflet is also produced by our group to highlight the advantages and the ease of Growing Tasty Food in Small Spaces. Click [here](#) to read the leaflet.

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## Repair Cafe

**5th + 19th July, The Eco Hub 10AM - 1PM**

The Repair Cafe has had a few watches come through our doors and are in the market for a volunteer that can fix watches, if you or know of anyone that would like to help out please contact us at [info@rugbyecohub.org](mailto:info@rugbyecohub.org)

A few weeks ago volunteers from the Repair Cafe went over and did a pop up in brownsover community centre. They made a very good impression as they want to do more regular pop ups. Well done team!





## Library of Things

The Library of Things have now introduced more products which you can find on our catalogue [HERE](#).

Thank you to everyone that was involved in the Library of Things admin day, volunteers came together to log items, test and organise our library. It was a huge help!



### **Supporting the Library of Things**

If you are having a spring clean and see some items that you would like to donate please contact us!

As the Library of Things continues to grow, we would love it if more and more people start using this amazing community resource. **You can help make this a reality by distributing flyers to the local community.** If this is something you feel you could help with, simply come to the Hub to collect some flyers and let us the know the street(s) you are able to do. You can find the list of [priority streets here](#).

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## Soul Speak - Discover the Spirit Within - CANCELLED

**17th July, Eco Hub, 7:00pm-8:30pm**

Due to unforeseen circumstances this class will not be going ahead.

We apologise for any inconvenience.

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## [Lou's Sewing Classes - For Beginner and Improvers](#) **Monday and Tuesdays, 7pm-9pm, The Eco Hub**

Join us Monday and Tuesday evenings to learn the art of dressmaking, Lou will guide you step by step in order to improve your skills at reading patterns, what fabric to use and general sewing techniques.

No need to bring a sewing machine but if you would rather bring you own that is welcome.

Book your tickets [HERE](#).



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## [Knitting Classes](#)

**3rd + 17th July 7pm - 9pm**

From Thursday 5th June, we are fortunate to be able to offer Knitting Classes at Rugby Eco Hub, kindly hosted by Irina Meier. We welcome absolute beginners, rusty old-timers and unsure novices, but also experienced knitters might be interested as the 'continental knitting technique' will be shown.

To book a space, please complete this [google form](#). Suggested donation: £3.

*\*We will need a minimum of 6 people for this to take place.*



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## FreVktchn, the Eco Hub, 3pm-5pm

FreVktchn is a charity organisation that helps vulnerable people, if they need a hot meal or advise on benefits or housing, FreVktchn is there to help.

They hold their free meals in a session at The eco hub every Saturday 3pm - 5pm

and is open to all that may need it,

If you, someone that you know or someone you meet in the street may need some help please make your way down to the Eco Hub and grab some delicious home cooked vegan food.

**Need a hot meal?**

**Frevktchn** provides hot food as well as support with benefits and housing applications. All who need food and support are welcome.





**Please join us at The Eco Hub, 43 Clifton Rd, Rugby CV21 3QE (Top of Bath Street) Every Saturday 3pm - 5pm**

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## In other news

### [Room Hire Available](#) at Rugby Eco Hub

We are keen for the Eco hub to be used by the community. You can rent the hall or side room for events or meetings. Find more information [here](#).

### Follow the Tomato Plant

A supporter of Rugby Eco Hub suggested to soak bananas in water for 2 days to



release the potassium, this would be an amazing plant food, for no cost.

I tried it on our little tomato plant and here are the results....



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If you would like to submit content to future editions of the newsletter please email [info@rugbyecohub.org](mailto:info@rugbyecohub.org)

Visit us at Rugby Eco Hub

Rugby Eco Hub, Claremont Centre, Bath Street, Rugby, Warwickshire CV21 3QE

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